

WHAT'S ON!

at your Community Centre

May 2024

Date

Time

New to the Area? Visit Mount Barker Community Centre for access to community information	Open Monday to Friday	9am – 4pm
Multicultural Welcome Dinner Bring a plate of food to share, representing your culture	Friday 3 rd May	6pm
Veggie Patch from Scratch - Gardening Workshop Duck Flat Community Garden	Saturday 4 th May	1pm
Embrace Kids Film - Community Screening For parents, teachers, coaches and adults. Wallis Cinema	Tuesday 7 th May	6pm
Advance Care Directive Information Session Nairne Soldiers Memorial Hall	Thursday 9 th May	9.30am – 12pm
Relax and Recharge Mini workshop for women	Thursday 9 th May	11am – 12.30pm
Dare to Dream 5-week group wellbeing program for women	Starts Wednesday 15 th May	10am – 11.30am
Basic Bike Care - Part 2 - for Women Laratinga Community Shed	Sunday 19 th May	12.30pm – 3pm
Endometriosis Information Session Guest Speakers: Deanna Wallis , Advocate and Ambassador Endometriosis Australia Catherine Hutchesson MP, Chair of Parliamentary Select Committee into Endometriosis Libby Trainor Parker , Author, Comedian, Health advocate	Wednesday 22 nd May	6pm - 8pm
Womens Shed Workshop with Rose Squire Laratinga Community Shed	Monday 27 th May	9.30am – 2.30pm
Epilepsy Awareness Training Free epilepsy awareness information session	Friday 31 st May	10.30am - 12pm

Bookings essential for all events. Most events can be booked online:

<https://events.humanitix.com/host/mtbcc>



MOUNT BARKER
COMMUNITY CENTRE

Did you know the Mount Barker Community Centre...

... offers volunteer opportunities

- Reception team at the Community Centre
- Duck Flat Community Garden
- ReVamp Shop
- Laratinga Community Shed
- The Haven - Womens Information Service

... co-ordinates, facilitates and supports

- Community Connections Program
- The Haven Mount Barker, Women's Information Service 0439 002 785
- Laratinga Community Shed 0439 827 046
- Duck Flat Community Garden
- Community Services Forum and Adelaide Hills Youth Sector Network
- Life Drawing 0412 944 526
- Re Vamp Shop
- Mount Barker Men's Group 0499 013 773
- Duck Flat Nature Playgroup **FB Group**: Duck Flat Nature Playgroup
- Nairne Nifty 50s+ 0402 775 088
- JP Service
- Walking Football
- Mount Barker Bike Kitchen and workshops

... conducts short courses, workshops and leisure classes

- Digital skills
- Tai chi, qigong, yoga and chair yoga
- Exercise classes including chair based and Strength for Life
- Canasta
- Drawing, mosaic and art classes
- School holiday activities and after school art workshops
- Cooking workshops
- Cultural programs
- Creative Writing programs for all ages
- Gardening and sustainability workshops
- Ukulele group
- Quilting, Boomerang Bags, Sewing and craft groups

... has facilities for hire

- Mount Barker Community Centre
- Brukunga Hall
- Duck Flat Garden and Kitchen

... offers child care

- Family House Child Care - 8391 5059



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