

# WHAT'S ON!

## at your Community Centre

**November 2023**

**Date**

**Time**

<b>Chatty Café Launch</b>	Monday 30 <sup>th</sup> October	10am – 12pm
<b>FREE Legal Information Service</b> offered by Uniting Communities Law Centre Ph. 8202 5960	Wednesday 1 <sup>st</sup> November	10am – 2pm
<b>Mental Health Support Group for Women</b> (creche available)	Thursday 2 <sup>nd</sup> and 9 <sup>th</sup> November	10am – 12pm
<b>Christmas Crochet Project</b>	Every Tuesday	11am – 1pm
<b>Native plants and backyard biodiversity</b> workshop with Phil Baron at Duck Flat Community Garden, supported by GWLAP	Wednesday 15 <sup>th</sup> November	9.30am – 11am
<b>Womens Walking Group</b> meet at the Laratinga Wetlands Carpark	Every Friday	11am
<b>Carer Information Forum</b>	Friday 17 <sup>th</sup> November	2pm – 4.30pm
<b>Basic Bike Maintenance Workshop for Women</b> Laratinga Community Shed, 100 Springs Road, Mount Barker	Saturday 18 <sup>th</sup> November	10am – 12.30pm
<b>Mental Health Awareness Workshop</b> – FREE for volunteers	Friday 24 <sup>th</sup> November	9.30am – 12.30pm
<b>I CAN Inclusive Community for all Abilities Celebration</b> Summit Sports and Recreation Centre, Springs Road, Mount Barker	Sunday 3 <sup>rd</sup> December	4pm – 7pm
<b>Walk Against Domestic Violence</b> , meet at Keith Stephenson Park Rotunda	Wednesday 6 <sup>th</sup> December	6pm
Check out <b>ReVamp</b> for handmade Christmas gifts that are great for our planet		

**Bookings essential for all events**

**Most events can be booked online: [mtbcc.eventbrite.com](https://mtbcc.eventbrite.com)**



**MOUNT BARKER**  
COMMUNITY CENTRE

## ... offers volunteer opportunities

- Reception and Administration team at the Community Centre
- Duck Flat Community Garden
- ReVamp Shop
- Community Shed
- The Haven - Womens Information Service
- Family House Child Care

## ... co-ordinates, facilitates and supports

- Community Connections Program
- The Haven Mount Barker, Women's Information Service 0439 002 785
- Laratinga Community Shed 0439 827 046
- Duck Flat Community Garden
- Community Services Forum, Adelaide Hills Youth Sector Network and Adelaide Hills Multicultural Network
- Re Vamp Shop
- Mount Barker Men's Group 0499 013 773
- Duck Flat Nature Playgroup **FB Group**: Duck Flat Nature Playgroup
- Nairne Nifty 50s+ 0402 775 088
- JP Service
- Walking Football
- Mount Barker Bike Kitchen and workshops
- Life Drawing 0412 944 526

## ... conducts short courses, workshops and leisure classes

- Digital skills
- Tai chi, qigong, yoga and chair yoga
- Exercise classes including chair based and Strength for Life
- Canasta
- Drawing, mosaic and art classes
- School holiday activities, after school art workshops and robotics classes
- Cooking workshops
- Cultural programs
- Creative Writing programs for all ages
- Gardening and sustainability workshops
- Ukulele group
- Quilting, Boomerang Bags, Sewing and craft groups

## ... has facilities for hire

- Mount Barker Community Centre
- Brukunga Hall
- Duck Flat Garden and Kitchen

## ... offers child care

- Family House Child Care - 8391 5059

