

WHAT'S ON!

at your Community Centre

October/November 2021

Date

Time

Ageing Well Information Session <i>free</i>	Monday 18 Oct	1.00pm – 2.00pm
Brukung & Harrogate Gardening Workshops <i>with Sophie Thomson</i> <i>free</i>	Saturdays 23 & 30 Oct	more info: www.mtbcc.eventbrite.com
Improve Your Digital Skills – for those seeking employment, re-entering the workforce or changing career paths <i>free</i>	commencing Friday 29 Oct	more info: ph 83714622
Your Rights at Work – clinic conducted by Working Women's Centre <i>free</i>	Monday 1 Nov	phone 84106499 to book appointment
Ageing Well in Your Community – alternative housing options <i>free</i>	Tuesday 9 Nov	9.30am – 12.00pm
'New Friends' – an inclusive social group Ph Robyn 0433937295	Mondays fortnightly	1.00pm – 3.00pm
Duck Flat Community Garden <i>free</i>	Saturday 13 Nov	11.00am – 2.00pm
My Child and Me – a program for mums under 25yrs <i>free</i>	Wednesdays	10.00am – 12.00pm
Indian Movie Day 2 movies screening at Wallis Cinema Mount Barker	Saturday 20 Nov	The Lunchbox 3.30pm and Bride and Prejudice 6.00pm
Energy Information Session <i>free</i>	Tuesday 23 Nov	10.00am
What do I say? What do I do? – suicide support workshop <i>free</i>	Thursday 25 Nov	12.30pm – 3.30pm
500 Card Game – hone your skills, meet new people, have fun	Fridays	12.30pm – 4.30pm

Bookings essential for all events - Some events can be booked online mtbcc.eventbrite.com



... conducts IT and leisure classes, short courses and workshops

- Using computers, android devices and smart phones
- Correctly naming, saving and finding files on your computer
- Creating documents and flyers on your computer
- Using Excel and Word
- Tai chi & qigong
- Canasta and 500 cards
- Drawing and art classes
- School holiday activities
- Cooking workshops
- Cultural programs
- Yoga

... conducts accredited workforce development courses

- Provide First Aid
- Provide CPR
- Emergency Asthma Management
- First Aid Management of Anaphylaxis
- Safe Environments: Through their eyes (Child Safe Environments)

... co-ordinates, facilitates and supports

- Mount Barker Men's Shed - 0439 827046
- Over 50's Exercise Classes
- Smashing Ladies mosaic group
- Duck Flat Community Garden
- TOP HAT Forums
- Life Drawing - 0412 944526
- reVamp
- Mount Barker Men's Group - 0499 013773
- Nature Playgroups
- Creative Writing
- Nairne Nifty Fifties Plus - 0412 828868
- Art Group: Duck Flat Garden
- Financial Counselling
- JP Service
- Sewing groups

... has facilities for hire

- Mount Barker Community Centre
- Brukunga Hall

... offers child care

- Family House Child Care - 83915059

